



Effects of Bullying

All children, including bystanders, are negatively affected when bullying occurs.

- * **Avoid school**
- * **Avoid social interactions**
- * **Significant psychological harm**
- * **Interferes with social, academic and emotional development**
- * **Depression**
- * **Reduced self-esteem**
- * **Bullies tend to become aggressive adults with a higher chance of having criminal behaviours**
- * **May cause anxiety or fear in bystanders**
- * **Bullying poisons the learning environment**
- * **Some victims of bullying are so distressed that they attempt or commit suicide.**

References

www.lfcc.on.ca

www.canadiancrc.com